

Oyster has a low calorie protein

Honestly I couldn't come up of something else to talk about but an Oyster. The last time I had a set of Oyster in my meal was a year ago. That was really great!

I could even still imagine how I had my first piece with the enticing flavour. Now I'm feeling like having a plate of grilled Oyster. Honestly I cook my own food and I am not just a good cook, I am an excellent coker because most of the time I use Oyster sauce. “Smile” Here a joke about Oyster

Oyster 1 “Why people love to eat Oyster?

Oyster 2 “Why?”

Oyster 1 “Because Oyster has a low calorie protein compare to pork”

Anyway, It's always good to know something else than just the usual thing. Take a peek of be oyster aware or Beoysteraware, this one has bunch of great information about Gulf oysters like recipes and educational materials.